

Base Menu Spreadsheet

Portion Values

Menu Name:	Lunch Elementary K-6	Include Cost:	Yes
Site:		Report Style:	Detailed
Use Alternate Menu Name:	No		

Monday - 05/01/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001617 Chicken Nuggets, 5 ea	5 Each	175	3	0.03	5	*N/A*	0.16	0	0.14	*N/A*	0.13	\$0.000
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990378 Sandwich Turkey & Cheese w/Chips	Each	1	377	3.00	858	*N/A*	11.25	45	44.00	2.00	25.67	\$0.535
001519 ***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990254 Roll Bakery KURZ 1 G	Each	1	80	0.00	114	*N/A*	0.50	0	15.00	1.50	2.50	\$0.164
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001067 Potatoes, Mashed 1/2c	1/2 Cup	440	84	1.46	313	*N/A*	3.10	6	13.62	0.80	1.63	\$0.126
001506 Broccoli Cuts	1/2 Cup	1	33	0.00	23	*N/A*	0.00	0	4.45	2.22	1.11	\$0.197
000260 CARROTS: canned, cooked	1/2 c	1	27	0.28	213	*N/A*	0.67	1	4.85	1.31	*0.56	\$0.006
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	375	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	50	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000222 Ketchup, Packet	Each	100	10	0.00	85	*N/A*	0.00	0	3.00	0.00	0.00	\$0.014
000989 BBQ Sauce, Original	Each	50	40	0.00	230	*N/A*	0.00	0	10.00	0.00	0.00	\$0.000
000003 Ranch Dressing Light, Cup	Each	0	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
Weighted Daily Average			87611	725.33	203989	*0	1536.58	5159	14642.66	*361.48	*4184.38	\$179.278
% of Calories				7.45%		*0%	15.8%		66.9%		*19.1%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Tuesday - 05/02/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990582 Baked Spaghetti	9oz servings	1	386	8.80	852	*N/A*	16.47	70	31.47	3.43	*29.30	\$1.115
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001011 Chef Salad	Salad	1	*369	*7.37	*1043	*N/A*	*25.42	*60	*12.69	*4.44	*22.52	\$11.687

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001519 ***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990478 BREADED MOZZARELLA TWIST 1each	Each	1	150	3.00	220	*N/A*	6.00	10	15.00	9.00	7.00	\$0.515
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990031 Green Beans, canned cut	1/2 Cup	1	26	0.24	302	*N/A*	0.48	1	4.15	2.08	*0.00	\$0.179
001367 Baby Carrots, Chili Lime IW	Each	1	30	0.00	200	*N/A*	0.00	0	7.00	2.00	1.00	\$0.012
990834 Apple Tray	Each	1	365	0.11	6	*N/A*	0.62	0	93.47	17.31	1.35	\$1.426
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000003 Ranch Dressing Light, Cup	Each	1	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
990206 Italian Dressing House	Tbsp	1	63	0.52	126	*N/A*	7.09	0	0.00	0.00	0.00	\$0.018
Weighted Daily Average			*1918	*23.54	*3399	*0	*72.08	*161	*225.77	*40.25	*94.17	\$15.605
% of Calories				*11.05 %		*0%	*33.8%		*47.1%		*19.6%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

Wednesday - 05/03/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001455 Beefy Macaroni	3/4 cup	1	319	5.73	687	*N/A*	13.94	57	25.59	2.73	21.91	\$0.382
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990707 Sandwich Flatbread Turkey(or Ham) w/ Cheese	Each	1	*748	*7.52	*2697	*N/A*	*24.32	*302	*37.06	*0.89	*98.49	\$6.308
001519 ***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000875 Sunchips, Multigrain	Each	1	140	1.00	120	*N/A*	6.00	0	18.00	3.00	2.00	\$0.329
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990773 Vegetables Mixed Commodity	1/2c Svgs	1	66	1.38	55	*N/A*	2.77	6	7.83	1.59	*1.56	\$0.227
990908 Vegetables Mixed w/Cheese Sauce	1/2c Svgs	1	91	1.28	189	*N/A*	2.31	7	12.81	2.36	*4.18	\$0.317
000320 Burger Salad	3/4 Cup SVG	1	12	0.02	4	*N/A*	0.17	0	2.53	1.10	0.72	\$0.000
990834 Apple Tray	Each	1	365	0.11	6	*N/A*	0.62	0	93.47	17.31	1.35	\$1.426
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000

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Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000003 Ranch Dressing Light, Cup	Each	1	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
000515 Jalapenos, Sliced	Servings	1	3	0.00	141	*N/A*	0.00	0	2.25	2.25	0.00	\$0.000
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
Weighted Daily Average			*2303	*20.55	*4732	*0	*68.63	*393	*263.54	*33.23	*163.20	\$9.702
% of Calories				*8.03%		*0%	*26.8%		*45.8%		*28.3%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Thursday - 05/04/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001176 Breaded Chicken Sandwich	Each	1	406	2.22	648	*N/A*	17.53	28	45.74	7.33	23.64	\$211.914
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990135 French Bread Pizza, Pepperoni	Each	1	350	8.00	680	*N/A*	16.00	45	35.00	4.00	18.00	\$0.960
990134 French Bread Pizza, Cheese	Each	1	290	4.00	440	*N/A*	11.00	20	33.00	0.00	17.00	\$1.124
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990861 Creamed Corn	1/2 Cup	1	147	3.57	378	*N/A*	6.88	17	19.81	1.85	*2.48	\$0.130
000592 Baked Beans	1/2 Cup	1	140	0.00	370	*N/A*	0.50	0	30.00	6.00	5.00	\$0.185
001164 Salad, Spinach(no onion)	1 Cup	1	12	0.14	42	*N/A*	1.06	2	0.17	0.05	0.54	\$0.044
000503 Pineapple Tidbits	1/2 Cup	1	80	0.00	0	*N/A*	0.00	0	19.00	1.00	0.00	\$0.000
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
990056 Ketchup, Packets	2 Each	1	20	0.00	170	*N/A*	0.00	0	6.00	0.00	0.00	\$0.027
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
Weighted Daily Average			1915	19.93	3371	*0	62.46	127	251.73	22.22	*98.66	\$215.010
% of Calories				9.37%		*0%	29.4%		52.6%		*20.6%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Friday - 05/05/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990854 Hamburger Squares	Burgers	1	372	6.24	531	*N/A*	17.69	86	29.61	4.18	27.01	\$0.310
001304 American Cheese Slice	1slice	1	35	1.25	155	*N/A*	2.00	8	1.00	0.00	3.50	\$0.083
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990403 Sandwich Sunbutter & Jelly w/Cheese Cubes	Sandwich	1	601	9.30	622	*N/A*	36.21	20	50.36	5.22	24.20	\$2.080
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990787 Tater Tots	1/2 Cup	1	123	1.02	266	*N/A*	5.12	0	18.44	2.05	2.05	\$2.624
990031 Green Beans, canned cut	1/2 Cup	1	26	0.24	302	*N/A*	0.48	1	4.15	2.08	*0.00	\$0.179
000320 Burger Salad	3/4 Cup SVG	1	12	0.02	4	*N/A*	0.17	0	2.53	1.10	0.72	\$0.000
990202 Assorted Fresh Fruit	1/2 Cup Svg.	1	643	0.14	12	*N/A*	1.21	0	162.30	*22.39	6.43	\$0.167
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
990056 Ketchup, Packets	2 Each	1	20	0.00	170	*N/A*	0.00	0	6.00	0.00	0.00	\$0.027
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
Weighted Daily Average			2300	20.21	2706	*0	72.38	129	337.39	*39.01	*95.90	\$6.096
% of Calories				7.91%		*0%	28.3%		58.7%		*16.7%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Monday - 05/08/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990028 Chicken Strips, 3 ea, Goldkist	Each	350	188	2.00	398	*N/A*	8.00	50	14.00	2.00	15.00	\$0.628
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001386 Maxstix Pizza Stick, 2 each	2 Each	1	300	4.00	740	*N/A*	12.00	10	34.00	4.00	14.00	\$0.702
000922 Marinara Sauce Cup, 2.5 oz	Each	1	40	0.00	200	*N/A*	1.00	0	7.00	2.00	1.00	\$0.000
001519 ***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990254 Roll Bakery KURZ 1 G	Each	300	80	0.00	114	*N/A*	0.50	0	15.00	1.50	2.50	\$0.164
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001067 Potatoes, Mashed 1/2c	1/2 Cup	1	84	1.46	313	*N/A*	3.10	6	13.62	0.80	1.63	\$0.126
001546 Corn, 1/2 cup svg. can	1/2 Cup	1	80	0.00	300	*N/A*	1.00	0	17.00	2.00	2.00	\$0.000
001348 Baby Carrots	1/2 cup	200	30	0.00	52	*N/A*	0.00	0	6.00	1.72	0.85	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000057 Peaches, Diced	1/2 Cup	450	60	0.00	10	*N/A*	0.00	0	14.00	1.00	1.00	\$0.000
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	350	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	100	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000222 Ketchup, Packet	Each	350	10	0.00	85	*N/A*	0.00	0	3.00	0.00	0.00	\$0.014
000989 BBQ Sauce, Original	Each	100	40	0.00	230	*N/A*	0.00	0	10.00	0.00	0.00	\$0.000
000003 Ranch Dressing Light, Cup	Each	100	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
000469 Mayonnaise, Packet	Each	50	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
000223 Mustard, Packet	Each	50	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
Weighted Daily Average			189989	1005.96	318527	*0	4246.60	20766	27101.34	1955.60	10354.83	\$414.816
% of Calories				4.77%		*0%	20.1%		57.1%		21.8%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Tuesday - 05/09/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990801 Italian Beefy Mac	3/4 cup	1	323	5.81	678	*N/A*	14.09	58	26.03	2.67	22.04	\$0.287
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990377 Sandwich Turkey & Cheese	Each	1	250	2.00	605	*N/A*	6.25	30	31.00	2.00	18.00	\$0.220
001519 ***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990705 Corn Muffin Star	Each	1	240	2.00	200	*N/A*	13.00	40	29.00	*N/A*	3.00	\$0.386
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000602 Potato Smiles	1/2 Cup	1	147	0.92	211	*N/A*	5.50	0	22.93	1.84	1.84	\$0.031
001546 Corn, 1/2 cup svg. can	1/2 Cup	1	80	0.00	300	*N/A*	1.00	0	17.00	2.00	2.00	\$0.000
001400 Tomatoes, Grape	1/2 Cup	1	14	0.00	4	*N/A*	0.00	0	3.04	1.02	0.51	\$0.000
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000222 Ketchup, Packet	Each	1	10	0.00	85	*N/A*	0.00	0	3.00	0.00	0.00	\$0.014
000003 Ranch Dressing Light, Cup	Each	1	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
Weighted Daily Average			1623	14.23	2915	*0	58.34	148	196.01	*11.52	80.39	\$1.650
% of Calories				7.89%		*0%	32.4%		48.3%		19.8%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Wednesday - 05/10/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990894 Picadillo Combo	Servings	1	*637	*11.59	*1095	*N/A*	*28.40	*89	*54.92	*11.16	*35.13	\$0.550
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990377 Sandwich Turkey & Cheese	Each	1	250	2.00	605	*N/A*	6.25	30	31.00	2.00	18.00	\$0.220
001519 ***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001401 Tortilla Chips, IW 1.45 oz.	Each	1	200	1.00	180	*N/A*	7.00	0	29.00	3.00	3.00	\$0.000
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000504 Tater Tots	1/2 Cup	1	123	1.02	266	*N/A*	5.12	0	18.44	2.05	2.05	\$2.624
990031 Green Beans, canned cut	1/2 Cup	1	26	0.24	302	*N/A*	0.48	1	4.15	2.08	*0.00	\$0.179
000880 Baby Carrots IW	Package	1	10	0.00	22	*N/A*	0.00	0	2.00	1.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000003 Ranch Dressing Light, Cup	Each	1	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
000222 Ketchup, Packet	Each	1	10	0.00	85	*N/A*	0.00	0	3.00	0.00	0.00	\$0.014
990743 Salsa Roja Nortena	Serving	1	10	0.00	280	*N/A*	0.00	0	2.00	0.00	0.00	\$0.133
Weighted Daily Average			*1825	*19.36	*3668	*0	*65.75	*140	*208.50	*23.28	*91.17	\$4.433
% of Calories				*9.55%		*0%	*32.4%		*45.7%		*20.0%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Thursday - 05/11/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001322 Pepperoni Pizza	Slice	1	370	8.00	770	*N/A*	18.00	35	31.00	3.00	20.00	\$0.980
001324 Cheese Pizza	Slice	1	340	6.00	640	*N/A*	15.00	30	31.00	3.00	20.00	\$0.000
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990733 Vanilla Yogurt/Sandwich Combo	Serving	1	*1450	*19.48	*2516	*N/A*	*57.79	*92	*175.49	*13.20	*53.53	\$5.783
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990861 Creamed Corn	1/2 Cup	1	147	3.57	378	*N/A*	6.88	17	19.81	1.85	*2.48	\$0.130
990773 Vegetables Mixed Commodity	1/2c Svgs	1	66	1.38	55	*N/A*	2.77	6	7.83	1.59	*1.56	\$0.227
000377 Cucumber Circles	1/2 Cup	1	11	0.03	2	*N/A*	0.08	0	2.74	0.38	0.49	\$0.000
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
Weighted Daily Average			*2854	*40.46	*5004	*0	*110.02	*195	*330.88	*25.02	*130.07	\$7.746
% of Calories				*12.76 %		*0%	*34.7%		*46.4%		*18.2%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Friday - 05/12/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990854 Hamburger Squares	Burgers	1	372	6.24	531	*N/A*	17.69	86	29.61	4.18	27.01	\$0.310
001304 American Cheese Slice	1slice	1	35	1.25	155	*N/A*	2.00	8	1.00	0.00	3.50	\$0.083
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990403 Sandwich Sunbutter & Jelly w/Cheese Cubes	Sandwich	1	601	9.30	622	*N/A*	36.21	20	50.36	5.22	24.20	\$2.080
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990321 Potatoes, Wedges, Seasoned RS	1/2 CUP SVG	1	150	2.00	300	*N/A*	7.00	0	18.01	3.00	2.00	\$0.163
000592 Baked Beans	1/2 Cup	1	140	0.00	370	*N/A*	0.50	0	30.00	6.00	5.00	\$0.185
000320 Burger Salad	3/4 Cup SVG	1	12	0.02	4	*N/A*	0.17	0	2.53	1.10	0.72	\$0.000
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
990056 Ketchup, Packets	2 Each	1	20	0.00	170	*N/A*	0.00	0	6.00	0.00	0.00	\$0.027
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
Weighted Daily Average			1799	20.81	2796	*0	73.07	128	200.52	21.50	94.43	\$3.474
% of Calories				10.41 %		*0%	36.6%		44.6%		21.0%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Monday - 05/15/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990142 Chicken Smackers Popcorn	10-11 pc	1	223	2.00	476	*N/A*	12.00	62	13.00	2.00	15.00	\$0.873
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990377 Sandwich Turkey & Cheese	Each	1	250	2.00	605	*N/A*	6.25	30	31.00	2.00	18.00	\$0.220
001519 ***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Cost
990254 Roll Bakery KURZ 1 G	Each	1	80	0.00	114	*N/A*	0.50	0	15.00	1.50	2.50	\$0.164
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001067 Potatoes, Mashed 1/2c	1/2 Cup	440	84	1.46	313	*N/A*	3.10	6	13.62	0.80	1.63	\$0.126
990382 Broccoli Florets (2/3 c) & Cheese	5.3oz sv. #6	1	70	1.65	174	*N/A*	2.56	7	6.43	2.67	4.50	\$0.087
000880 Baby Carrots IW	Package	1	10	0.00	22	*N/A*	0.00	0	2.00	1.00	0.00	\$0.000
990202 Assorted Fresh Fruit	1/2 Cup Svg.	1	643	0.14	12	*N/A*	1.21	0	162.30	*22.39	6.43	\$0.167
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	375	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000197 Milk, White 1%	EACH	50	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000003 Ranch Dressing Light, Cup	Each	0	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
000222 Ketchup, Packet	Each	100	10	0.00	85	*N/A*	0.00	0	3.00	0.00	0.00	\$0.014
000989 BBQ Sauce, Original	Each	50	40	0.00	230	*N/A*	0.00	0	10.00	0.00	0.00	\$0.000
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
Weighted Daily Average			87930	722.05	203326	*0	1518.79	5156	14780.33	*386.00	4177.87	\$179.887
% of Calories				7.39%		*0%	15.5%		67.2%		19.0%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Tuesday - 05/16/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001322 Pepperoni Pizza	Slice	1	370	8.00	770	*N/A*	18.00	35	31.00	3.00	20.00	\$0.980
001324 Cheese Pizza	Slice	1	340	6.00	640	*N/A*	15.00	30	31.00	3.00	20.00	\$0.000
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990403 Sandwich Sunbutter & Jelly w/Cheese Cubes	Sandwich	1	601	9.30	622	*N/A*	36.21	20	50.36	5.22	24.20	\$2.080
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990321 Potatoes, Wedges, Seasoned RS	1/2 CUP SVG	1	150	2.00	300	*N/A*	7.00	0	18.01	3.00	2.00	\$0.163
990861 Creamed Corn	1/2 Cup	1	147	3.57	378	*N/A*	6.88	17	19.81	1.85	*2.48	\$0.130
001164 Salad, Spinach(no onion)	1 Cup	1	12	0.14	42	*N/A*	1.06	2	0.17	0.05	0.54	\$0.044
990202 Assorted Fresh Fruit	1/2 Cup Svg.	1	643	0.14	12	*N/A*	1.21	0	162.30	*22.39	6.43	\$0.167
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
990056 Ketchup, Packets	2 Each	1	20	0.00	170	*N/A*	0.00	0	6.00	0.00	0.00	\$0.027
Weighted Daily Average			2752	31.15	3578	*0	94.86	119	381.66	*40.51	*107.65	\$4.217
% of Calories				10.19 %		*0%	31.0%		55.5%		*15.6%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Wednesday - 05/17/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
002990 Sloppy Joe	Servings	1	324	2.45	591	*N/A*	8.57	*56	41.85	4.81	24.22	\$8.597
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001176 Breaded Chicken Sandwich	Each	1	406	2.22	648	*N/A*	17.53	28	45.74	7.33	23.64	\$211.914

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000504 Tater Tots	1/2 Cup	1	123	1.02	266	*N/A*	5.12	0	18.44	2.05	2.05	\$2.624
990773 Vegetables Mixed Commodity	1/2c Svgs	1	66	1.38	55	*N/A*	2.77	6	7.83	1.59	*1.56	\$0.227
000377 Cucumber Circles	1/2 Cup	1	11	0.03	2	*N/A*	0.08	0	2.74	0.38	0.49	\$0.000
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990056 Ketchup, Packets	2 Each	1	20	0.00	170	*N/A*	0.00	0	6.00	0.00	0.00	\$0.027
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
000003 Ranch Dressing Light, Cup	Each	1	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
Weighted Daily Average			1510	10.60	2565	*0	52.56	*110	186.61	18.15	*84.96	\$224.102
% of Calories				6.32%		*0%	31.3%		49.4%		*22.5%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Thursday - 05/18/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000535 Corn Dog	Each	1	240	1.50	670	*N/A*	7.00	15	33.00	4.00	11.00	\$0.006
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990358 Sandwich Toasted Turkey and Cheese	Each	1	*458	*2.50	*1377	*N/A*	*9.75	*83	*57.17	*8.00	*43.00	\$7.800
001519 ***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000927 Macaroni & Cheese	1/3 Cup	1	139	2.49	333	*N/A*	5.47	12	14.43	1.00	8.46	\$0.000
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000592 Baked Beans	1/2 Cup	1	140	0.00	370	*N/A*	0.50	0	30.00	6.00	5.00	\$0.185
990382 Broccoli Florets (2/3 c) & Cheese	5.3oz sv. #6	1	70	1.65	174	*N/A*	2.56	7	6.43	2.67	4.50	\$0.087
000503 Pineapple Tidbits	1/2 Cup	1	80	0.00	0	*N/A*	0.00	0	19.00	1.00	0.00	\$0.000
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990056 Ketchup, Packets	2 Each	1	20	0.00	170	*N/A*	0.00	0	6.00	0.00	0.00	\$0.027
Weighted Daily Average			*1617	*10.13	*3737	*0	*34.78	*133	*229.03	*24.66	*103.96	\$8.731
% of Calories				*5.64%		*0%	*19.4%		*56.7%		*25.7%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Friday - 05/19/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001125 Fideo Loco	1 Cup	1	392	5.38	389	*N/A*	18.98	47	35.56	3.27	19.38	\$0.270
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990707 Sandwich Flatbread Turkey(or Ham) w/ Cheese	Each	1	*748	*7.52	*2697	*N/A*	*24.32	*302	*37.06	*0.89	*98.49	\$6.308
990278 ***AND***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990705 Corn Muffin Star	Each	1	240	2.00	200	*N/A*	13.00	40	29.00	*N/A*	3.00	\$0.386
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000602 Potato Smiles	1/2 Cup	1	147	0.92	211	*N/A*	5.50	0	22.93	1.84	1.84	\$0.031
001546 Corn, 1/2 cup svg. can	1/2 Cup	1	80	0.00	300	*N/A*	1.00	0	17.00	2.00	2.00	\$0.000
001400 Tomatoes, Grape	1/2 Cup	1	14	0.00	4	*N/A*	0.00	0	3.04	1.02	0.51	\$0.000
000503 Pineapple Tidbits	1/2 Cup	1	80	0.00	0	*N/A*	0.00	0	19.00	1.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
000222 Ketchup, Packet	Each	1	10	0.00	85	*N/A*	0.00	0	3.00	0.00	0.00	\$0.014
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
000003 Ranch Dressing Light, Cup	Each	1	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
Weighted Daily Average			*2265	*19.32	*4641	*0	*81.31	*409	*230.61	*12.00	*158.21	\$7.708
% of Calories				*7.68%		*0%	*32.3%		*40.7%		*27.9%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Monday - 05/22/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990028 Chicken Strips, 3 ea, Goldkist	Each	350	188	2.00	398	*N/A*	8.00	50	14.00	2.00	15.00	\$0.628
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001386 Maxstix Pizza Stick, 2 each	2 Each	1	300	4.00	740	*N/A*	12.00	10	34.00	4.00	14.00	\$0.702
000922 Marinara Sauce Cup, 2.5 oz	Each	1	40	0.00	200	*N/A*	1.00	0	7.00	2.00	1.00	\$0.000
001519 ***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990254 Roll Bakery KURZ 1 G	Each	300	80	0.00	114	*N/A*	0.50	0	15.00	1.50	2.50	\$0.164
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000602 Potato Smiles	1/2 Cup	1	147	0.92	211	*N/A*	5.50	0	22.93	1.84	1.84	\$0.031
000592 Baked Beans	1/2 Cup	1	140	0.00	370	*N/A*	0.50	0	30.00	6.00	5.00	\$0.185
001546 Corn, 1/2 cup svg. can	1/2 Cup	1	80	0.00	300	*N/A*	1.00	0	17.00	2.00	2.00	\$0.000
000057 Peaches, Diced	1/2 Cup	450	60	0.00	10	*N/A*	0.00	0	14.00	1.00	1.00	\$0.000
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	350	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	100	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000222 Ketchup, Packet	Each	350	10	0.00	85	*N/A*	0.00	0	3.00	0.00	0.00	\$0.014
000989 BBQ Sauce, Original	Each	100	40	0.00	230	*N/A*	0.00	0	10.00	0.00	0.00	\$0.000
000003 Ranch Dressing Light, Cup	Each	100	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost	
000469	Mayonnaise, Packet	Each	50	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
000223	Mustard, Packet	Each	50	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
Weighted Daily Average			184216	1005.4 2	308452	0	4249.5 0	20760	25940.9 3	1617.84	10189.84	\$414.906	
% of Calories				4.91%		0%	20.8%		56.3%		22.1%		
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0						

Tuesday - 05/23/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost	
990582	Baked Spaghetti	9oz servings	1	386	8.80	852	*N/A*	16.47	70	31.47	3.43	*29.30	\$1.115
001408	*OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000	
001535	BBQ Chicken Flatbread	Each	1	397	7.70	1033	*N/A*	16.06	*61	40.84	3.12	24.64	\$8.900
001519	***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000	
990254	Roll Bakery KURZ 1 G	Each	1	80	0.00	114	*N/A*	0.50	0	15.00	1.50	2.50	\$0.164
001410	***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000	
990031	Green Beans, canned cut	1/2 Cup	1	26	0.24	302	*N/A*	0.48	1	4.15	2.08	*0.00	\$0.179
990382	Broccoli Florets (2/3 c) & Cheese	5.3oz sv. #6	1	70	1.65	174	*N/A*	2.56	7	6.43	2.67	4.50	\$0.087
001367	Baby Carrots, Chili Lime IW	Each	1	30	0.00	200	*N/A*	0.00	0	7.00	2.00	1.00	\$0.012
990742	***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000	

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000003 Ranch Dressing Light, Cup	Each	1	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
990206 Italian Dressing House	Tbsp	1	63	0.52	126	*N/A*	7.09	0	0.00	0.00	0.00	\$0.018
Weighted Daily Average			1581	22.41	3451	*0	59.16	*158	166.89	16.79	*94.94	\$11.129
% of Calories				12.76 %		*0%	33.7%		42.2%		*24.0%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Wednesday - 05/24/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001176 Breaded Chicken Sandwich	Each	1	406	2.22	648	*N/A*	17.53	28	45.74	7.33	23.64	\$211.914
990923 Sandwich Chicken Waffle	Sandwich	1	426	4.31	807	*N/A*	15.49	50	47.96	3.87	21.74	\$1.824
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990895 Sandwich Turkey Pepperoni IW	Each	1	443	7.82	364	*N/A*	19.56	72	43.03	5.22	24.78	\$1,341
001519 ***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990121 Chips Cheetos PUFFS	BAG	1	90	0.50	140	*N/A*	3.50	0	13.00	0.00	2.00	\$0.316
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990908 Vegetables Mixed w/Cheese Sauce	1/2c Svgs	1	91	1.28	189	*N/A*	2.31	7	12.81	2.36	*4.18	\$0.317
990861 Creamed Corn	1/2 Cup	1	147	3.57	378	*N/A*	6.88	17	19.81	1.85	*2.48	\$0.130
001367 Baby Carrots, Chili Lime IW	Each	1	30	0.00	200	*N/A*	0.00	0	7.00	2.00	1.00	\$0.012
990202 Assorted Fresh Fruit	1/2 Cup Svg.	1	643	0.14	12	*N/A*	1.21	0	162.30	*22.39	6.43	\$0.167
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
990056 Ketchup, Packets	2 Each	1	20	0.00	170	*N/A*	0.00	0	6.00	0.00	0.00	\$0.027
Weighted Daily Average			2736	21.84	3368	*0	73.48	189	418.66	*47.02	*118.25	\$216.615
% of Calories				7.18%		*0%	24.2%		61.2%		*17.3%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Thursday - 05/25/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001322 Pepperoni Pizza	Slice	1	370	8.00	770	*N/A*	18.00	35	31.00	3.00	20.00	\$0.980
001324 Cheese Pizza	Slice	1	340	6.00	640	*N/A*	15.00	30	31.00	3.00	20.00	\$0.000
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990733 Vanilla Yogurt/Sandwich Combo	Serving	1	*1450	*19.48	*2516	*N/A*	*57.79	*92	*175.49	*13.20	*53.53	\$5.783
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990031 Green Beans, canned cut	1/2 Cup	1	26	0.24	302	*N/A*	0.48	1	4.15	2.08	*0.00	\$0.179
000880 Baby Carrots IW	Package	1	10	0.00	22	*N/A*	0.00	0	2.00	1.00	0.00	\$0.000
000377 Cucumber Circles	1/2 Cup	1	11	0.03	2	*N/A*	0.08	0	2.74	0.38	0.49	\$0.000
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000003 Ranch Dressing Light, Cup	Each	1	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
Weighted Daily Average			*2766	*37.25	*5084	*0	*109.85	*178	*310.39	*24.66	*127.02	\$7.655
% of Calories				*12.12 %		*0%	*35.7%		*44.9%		*18.4%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Friday - 05/26/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990358 Sandwich Toasted Turkey and Cheese	Each	1	*458	*2.50	*1377	*N/A*	*9.75	*83	*57.17	*8.00	*43.00	\$7.800
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000535 Corn Dog	Each	1	240	1.50	670	*N/A*	7.00	15	33.00	4.00	11.00	\$0.006
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990321 Potatoes, Wedges, Seasoned RS	1/2 CUP SVG	1	150	2.00	300	*N/A*	7.00	0	18.01	3.00	2.00	\$0.163
001164 Salad, Spinach(no onion)	1 Cup	1	12	0.14	42	*N/A*	1.06	2	0.17	0.05	0.54	\$0.044
990423 Corn & Green Bean Mix	1/2 Cup Svgs	1	71	0.17	11	*N/A*	1.03	1	14.91	2.67	*2.67	\$0.022
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990056 Ketchup, Packets	2 Each	1	20	0.00	170	*N/A*	0.00	0	6.00	0.00	0.00	\$0.027
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
Weighted Daily Average			*1421	*8.32	*3213	*0	*35.34	*115	*192.26	*19.73	*91.21	\$8.686
% of Calories				*5.27%		*0%	*22.4%		*54.1%		*25.7%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Monday - 05/29/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001427 ***STUDENT HOLIDAY***												
Weighted Daily Average			0	0.00	0	0	0.00	0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%		0%		0%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Tuesday - 05/30/2023

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001617 Chicken Nuggets, 5 ea	5 Each	175	3	0.03	5	*N/A*	0.16	0	0.14	*N/A*	0.13	\$0.000
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990378 Sandwich Turkey & Cheese w/Chips	Each	1	377	3.00	858	*N/A*	11.25	45	44.00	2.00	25.67	\$0.535
001519 ***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990254 Roll Bakery KURZ 1 G	Each	1	80	0.00	114	*N/A*	0.50	0	15.00	1.50	2.50	\$0.164
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001067 Potatoes, Mashed 1/2c	1/2 Cup	440	84	1.46	313	*N/A*	3.10	6	13.62	0.80	1.63	\$0.126
000880 Baby Carrots IW	Package	1	10	0.00	22	*N/A*	0.00	0	2.00	1.00	0.00	\$0.000
990031 Green Beans, canned cut	1/2 Cup	1	26	0.24	302	*N/A*	0.48	1	4.15	2.08	*0.00	\$0.179
990342 Reference Fruit Chart	EACH	1	206	0.04	9	*N/A*	0.23	0	51.31	5.75	1.56	\$0.033
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	375	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	50	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000222 Ketchup, Packet	Each	100	10	0.00	85	*N/A*	0.00	0	3.00	0.00	0.00	\$0.014

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000989 BBQ Sauce, Original	Each	50	40	0.00	230	*N/A*	0.00	0	10.00	0.00	0.00	\$0.000
000003 Ranch Dressing Light, Cup	Each	0	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
000003 Ranch Dressing Light, Cup	Each	1	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
Weighted Daily Average			87882	726.82	204276	*0	1545.6 2	5164	14691.8 2	*366.76	*4185.27	\$179.374
% of Calories				7.44%		*0%	15.8%		66.9%		*19.0%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Wednesday - 05/31/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000685 Cheese Enchiladas	2 Each	1	352	8.14	674	*N/A*	18.31	35	30.24	3.34	17.66	\$1.045
001366 Chili Sauce - #24 Scoop	1.65 oz svgs	1	79	1.65	171	*N/A*	4.21	19	4.87	0.50	5.55	\$0.189
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990777 Sandwich Grilled Cheese	Sandwich	1	322	8.78	798	*N/A*	16.05	41	26.59	5.15	*16.47	\$2.666
001519 ***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000875 Sunchips, Multigrain	Each	1	140	1.00	120	*N/A*	6.00	0	18.00	3.00	2.00	\$0.329

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000007 Beans, Pinto Canned	1/2 CUP	1	157	0.09	266	*N/A*	2.12	0	27.84	9.24	9.24	\$0.000
001546 Corn, 1/2 cup svg. can	1/2 Cup	1	80	0.00	300	*N/A*	1.00	0	17.00	2.00	2.00	\$0.000
001367 Baby Carrots, Chili Lime IW	Each	1	30	0.00	200	*N/A*	0.00	0	7.00	2.00	1.00	\$0.012
001559 Apple, Green (Granny)	Each	1	80	0.00	0	*N/A*	0.00	0	22.00	5.00	0.00	\$0.000
990742 ***Commodity Fruit Dried, Canned or Frozen***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000003 Ranch Dressing Light, Cup	Each	1	90	1.50	190	*N/A*	9.00	5	1.00	0.00	1.00	\$0.087
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
000222 Ketchup, Packet	Each	1	10	0.00	85	*N/A*	0.00	0	3.00	0.00	0.00	\$0.014

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990743 Salsa Roja Nortena	Serving	1	10	0.00	280	*N/A*	0.00	0	2.00	0.00	0.00	\$0.133
Weighted Daily Average			1819	23.16	3728	*0	66.20	114	222.53	32.22	*86.92	\$5.101
% of Calories				11.46 %		*0%	32.8%		48.9%		*19.1%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Thursday - 06/01/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001176 Breaded Chicken Sandwich	Each	1	406	2.22	648	*N/A*	17.53	28	45.74	7.33	23.64	\$211.914
001408 *OR*	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990900 Pizza with Pepperoni	Slice	1	398	8.08	878	*N/A*	20.42	42	31.00	3.00	22.50	\$0.100
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990321 Potatoes, Wedges, Seasoned RS	1/2 CUP SVG	1	150	2.00	300	*N/A*	7.00	0	18.01	3.00	2.00	\$0.163
990216 Green Salad with House Italian	1 Cup	1	534	4.35	1050	*N/A*	58.93	0	1.92	1.22	0.72	\$0.148
990908 Vegetables Mixed w/Cheese Sauce	1/2c Svgs	1	91	1.28	189	*N/A*	2.31	7	12.81	2.36	*4.18	\$0.317
000503 Pineapple Tidbits	1/2 Cup	1	80	0.00	0	*N/A*	0.00	0	19.00	1.00	0.00	\$0.000
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
001495 ***CONDIMENTS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000469 Mayonnaise, Packet	Each	1	25	0.00	105	*N/A*	2.50	0	2.00	0.00	0.00	\$0.046
990056 Ketchup, Packets	2 Each	1	20	0.00	170	*N/A*	0.00	0	6.00	0.00	0.00	\$0.027
000223 Mustard, Packet	Each	1	5	0.00	78	*N/A*	0.00	0	0.00	0.00	0.00	\$0.013
Weighted Daily Average			2149	19.94	3878	*0	115.69	93	197.49	19.91	*85.03	\$213.294
% of Calories				8.35%		*0%	48.5%		36.8%		*15.8%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Friday - 06/02/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
001376 ***ENTREES***	each	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990880 Sandwich Turkey and Cheddar Grilled w/Chips	Sandwich	1	432	8.78	898	*N/A*	19.80	56	38.59	5.15	*23.47	\$2.981
001519 ***GRAINS***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001401 Tortilla Chips, IW 1.45 oz.	Each	1	200	1.00	180	*N/A*	7.00	0	29.00	3.00	3.00	\$0.000
001410 ***Fruit and Veg Choices***	Choices	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2023 thru Jun 2, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
990312 Lettuce and Tomato (TACOS)	3/4 c	1	14	0.01	5	*N/A*	0.07	0	3.06	1.26	0.67	\$0.000
990031 Green Beans, canned cut	1/2 Cup	1	26	0.24	302	*N/A*	0.48	1	4.15	2.08	*0.00	\$0.179
990820 Gelatin w/Pears	8 oz svgs.	1	*173	*0.00	*87	*N/A*	*0.00	*0	*43.68	*3.42	*1.00	\$23.203
990202 Assorted Fresh Fruit	1/2 Cup Svg.	1	643	0.14	12	*N/A*	1.21	0	162.30	*22.39	6.43	\$0.167
001494 ***MILK CHOICES LUNCH ***	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000196 Milk, Chocolate Fat Free	Half Pint	1	110	0.00	100	*N/A*	0.00	5	19.00	0.00	8.00	\$0.287
000197 Milk, White 1%	EACH	1	100	1.50	125	*N/A*	2.50	10	12.00	0.00	8.00	\$0.279
000192 Milk, Lactaid	Half Pint	1	90	0.00	125	*N/A*	0.00	0	13.00	0.00	8.00	\$0.000
000717 Soy Milk, Vanilla	Each	1	140	0.50	110	*N/A*	4.50	0	17.00	2.00	8.00	\$0.000
990056 Ketchup, Packets	2 Each	1	20	0.00	170	*N/A*	0.00	0	6.00	0.00	0.00	\$0.027
Weighted Daily Average			*1947	*12.16	*2114	*0	*35.57	*72	*347.78	*39.30	*66.57	\$27.123
% of Calories				*5.62%		*0%	*16.4%		*71.4%		*13.7%	
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Added Sugars (g)	T-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Cost
Weighted Averages	*28197	*190.87	*54438	*0	*601.61	*2505	*4252.31	*216.61	*1461.04	\$98.597
% of Calories		*6.09%		*0%	*19.2%		*60.3%		*20.7%	

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
- * - denotes combined nutrient totals with either missing or incomplete nutrient data*
- ¹ - denotes required nutrient values*
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.